

## Rocky Mountain Pediatrics, P.C. Routine Care Schedule

1-2 days	All newborns are seen 24-48 hours after discharge from hospital. Hep B#1 (if not given at hospital/birth).
10-14 days	Physical exam, 2 <sup>nd</sup> Newborn Screening. Hep B #1 (if not given at birth/hospital).
1 Month	Physical exam and immunizations: Hep B #2
2 Months	Denver Developmental Screening, physical exam and immunizations: (*) Dtap #1, Hib #1, Hep B #2 (if had the first one at least 1 month earlier) Prevnar #1, Rotateq #1
4 Months	Ages and Stages questionnaire, physical exam and immunizations: (*) Dtap #2, IPV #2, Hib #2, Prevnar #2, Rotateq #2.
6 Months	Ages and Stages questionnaire, physical exam and immunizations: (*) Dtap #3, IPV# 3, Hib #3, Prevnar #3, Rotateq #3.
9 Months	Ages and Stages questionnaire, physical exam and immunizations: (*) Hepatitis B #3 can be given if it has been at least 4 months since #1 was given and 2 months since #2 was given. Hgb (if breastfed)
12 Months	Ages and Stages questionnaire, physical exam, PPD (test for tuberculosis) and immunizations: (*) Prevnar#4
15 Months	Ages and Stages questionnaire, physical exam, Hgb, lead screening and immunizations: (*) MMR/Varivax #1.
18 Months	Ages and Stages questionnaire, physical exam, and immunizations: (*) Dtap #4, Hib #4, IPV #4, Hep A #1.
2 Years	Ages and Stages questionnaire, physical exam and immunizations: (*) Hep A#2 (if 6 months since #1). Lead Screening
3 Years	Ages and Stages questionnaire, physical exam. Urinalysis, Hgb (annually), PPD.
4 Years	Ages and Stages questionnaire, physical exam and immunizations: Dtap #5, IPV #5, MMR/Varivax #2. (*) PPD Hearing and vision screening.
5 Years	Physical exam and blood pressure and immunizations (if not done at age 4). Hearing and vision screening. Lead screen (if Medicaid and not previously done). Urinalysis and Hgb.
6-10 Years	Yearly questionnaire and physical exam. Hearing and vision screening. Urinalysis and Hgb on odd years of age. Lead screen (if Medicaid and not previously done). PPD every 2-3 years. Color blindness screening for boys- once per lifetime.
11-12 Years	Yearly questionnaire and physical exam. Hearing and vision screening. Urinalysis and Hgb on odd years of age. Hgb for menstruating girls. Immunizations: Menactra (meningococcal meningitis), Tdap and Gardasil (HPV – series of 3).
13-21 Years	Yearly questionnaire and physical exam. Fasting blood work once and repeat yearly if indicated. Hearing and vision screening. Urinalysis and Hgb. Immunizations: Menactra (when starting High School and College).

(\*) See attached Immunization Schedule      (\*) Urinalysis/Hgb done on odd years of age and at the discretion of the provider.

## **Appointment Scheduling: General Guidelines**

Hours of operation:    Monday 8:00am -- 7:00pm  
                                 Tuesday 8:00am – 5:00pm  
                                 Wednesday 8:00am – 7:00pm  
                                 Thursday 8:00am – 5:00pm  
                                 Friday 8:00am – 5:00pm

The office is always available during the above office hours and by our answering service after hours, for EMERGENCIES ONLY. **Our office number is (303)233-8701. This is the only number that will reach the answering service after hours.**

We will make every effort to see your child when he/she is ill on the same day that you call. On busier days there may be wait.

We ask that you call one month in advance to schedule a well check/physical exam or medication check.

If your insurance is ineligible for the date of service, we will make every effort to contact you before your appointment and you may be asked to reschedule or keep the appointment and make arrangements for payment.

If you arrive for your scheduled appointment more than 15 minutes late you may be asked to reschedule in order to accommodate those patients who have arrived on time.

### **Health Forms/Paperwork:**

We ask that you allow us 48 hours to complete any health form or provide you with an immunization record.

### **Prescription Refills**

Please be aware of your medication and request a refill at least 48 hours in advance. Call your pharmacy for refills and they will contact us for authorization. If it is a controlled substance that requires a hand written prescription, please call the office at least 48 hours in advance. Please do not request refills after hours or on the weekend, as they will not be refilled until the next business day.

### **Telephone calls**

Telephone call during business hours are returned in between seeing patients or at the end of the day. We will make every effort to reach you the same day.

Telephone calls made to the office after hours should be for URGENT MATTERS ONLY. Our answering service will take all calls and contact the provider who is on call. The provider will return the call within 30 minutes. You may also call the following Nurse Advice Lines:

Rocky Mountain Hospital for Children @ 303-563-3300  
Medicaid Nurse Advice Line @ 1-800-283-3221

